

DCN POOLE NEWSLETTER



Newsletter for October 2011

Hello to Dorset Cyclists Network members and other cyclists in Poole. As always, if you have any news relative to cycling in Poole, including rides and any other events, then please email me at pool@dcn.org.uk.

Local DCN Event this month

Date: Saturday - 1st October

Time: 2pm

Location : Upton House, BH17 7JB

"Poole Leisure Cycling" is a short group ride of about 8 miles around Holes Bay. The route is on and off road, suitable for any type of cycle.

The ride starts in front of Upton House at 2:00pm and will last about 2 hours. There will be a ride leader and back marker, so nobody is left behind.

If you know of someone that wishes to start cycling for the first time or take it up again after a long period, or families that are looking for a friendly sociable ride, then please let them know. **Everyone is welcome!**

These rides have continued during the summer months this year, on the first Saturday of the month. This is the **LAST** ride of the year, so do come along if you can.

If you require any further information then contact me at pool@dcn.org.uk or check the [DCN diary](#) for details.

Cycling Clothes etc in Aldi, Poole

Aldi Poole has a good selection of winter cycling clothes and other accessories at their Poole store from 29th September. Click for the list of [cycling items](#).

These include :

- Winter cycling jacket £15.99
- Winter cycling gloves £4.99
- Cycling rain jacket £19.99



- Winter cycling shirt £8.99
- Winter cycling trousers £13.99
- Waterproof cycling trousers £9.99
- Compression underwear, merino shirt, socks, shoes, LED lights etc....



Rides in Dorset

DCN organises rides all over Dorset, so why not join some of them? The nearest to Poole are at :

- [Wimborne](#) - Cycle rides with DCN Wimborne. No one gets left behind!
- Ferndown - First and third Saturdays each month starting from various locations at 10am. 20 mile round trip with refreshment stop halfway
- [Purbeck](#) - Summer rides on Wednesdays
- New Forest - Meet 8.45am every Saturday at the Pioneer Store Car Park, Christchurch or 9.0am near "The Oak PH", Burton. Return to start by noon. 20 miles. No need to book

Or check out the list of rides on the DCN website, which is updated regularly. The web-site address is <http://www.dcn.org.uk/regularrides.html>

Plus plenty of other rides in the [DCN list of events](#).

Additional information in the Newsletter?

Is there anything that you would like to be published in the Newsletter? If you have any ideas then please do let me know! Experiences on cycling trips, tips on maintenance, photos of group rides, Just send me the details and I will see if they can be added in future newsletters.

Do you have any events to publish?

If you have details of any cycling events that you know of and are not published on the DCN calendar or in this Newsletter, then please let me know at pool@dcn.org.uk so that other DCN members and cyclists in general can be informed.

Don't forget to check the [DCN Diary](#) from time to time for new or updated events.

You can get regular updates via Twitter with [Poole Cycling](#).

Best regards,

David Anderson

DCN Coordinator - Poole - pool@dcn.org.uk